



WORKSITE FIRST AID KITS

Make sure your worksite has adequate first aid kits available for workers and that they know the location(s) of the kits. See below for the minimum contents that should be in a basic first aid kit. Ask workers if they can explain where the first aid kits are and remind them of any company policies regarding reporting the use of the first aid contents.

Workplaces vary widely in degree of hazards, location, size, amount of staff training and availability of professional medical services. It can be handy to refer to the list below and compare to your worksite first aid kits. First-aid kits contents should provide a basic range of products to deal with most types of minor injuries encountered in the workplace. Employers should evaluate their own workplaces to determine whether additional supplies or kits are needed, based on the size and specific hazards of their workplaces.

ANSI/ISEA Z308.1-2015 Minimum Requirements for Workplace First Aid Kits and Supplies	
Adhesive bandages, 1 x 3 in. (2.5 x 7.5 cm)	16
Adhesive tape, at least 3/8 in. x 2.5 yd. (2.3 m)	1
Antibiotic application, 1/57 oz. (0.5 g)	10
Antiseptic, 1/57 oz. (0.5 g) ¹	10
Breathing barrier	1
Burn dressing (gel soaked), 4 x 4 in. (10 x 10 cm)	1
Burn treatment, 1.32 oz. (0.9 g) application ²	10
Cold pack, 4 x 5 in. (10 x 12.5 cm)	1
Eye covering with means of attachment, 2.9 sq. in. (19 sq. cm) per eye ³	2
Eye/skin wash, 1 fl. oz. (29.6 ml) total	1
First-aid guide ⁴	1
Hand sanitizer, 1/32 oz. (0.9 g) ⁵	6
Medical examination glove pairs	2
Roller bandage, 2 x 4 yd. (5 x 3.66 cm) ⁶	1
Scissors	1
Sterile pad, 3 x 3 in. (7.5 x 7.5 cm)	2
Trauma pad, 5 x 9 in. (12.7 x 22.9 cm) ⁷	2
Triangular bandage, 40 x 40 x 56 in. (101 x 101 x 142 cm)	1

The material contained herein is intended for reference purposes only. It is not intended to meet any contractual agreements, or requirements of applicable Federal, State or Local law regulation or ordinance. It should be reviewed by appropriate counsel before use.



The following supplemental items may also be considered, depending on the type of workplace, the hazards present and the number of employees:

- analgesic/anti-inflammatory (oral and/or topical) – used for pain management, swelling control;
- antihistamine – used to treat allergic reactions;
- aspirin, low-dose – used to treat a suspected heart attack;
- electrolyte replacement – used to treat heat-stress-related injuries;
- foil blanket – used to treat shock and/or cold-stress-related injuries;
- glucose replacement – used to treat diabetic or hypoglycemic episodes;
- hemostatic agent – used for individuals with compromised clotting, uncontrollable bleeding; and
- hydrocortisone – used to relieve itchiness and skin-related reactions, including rashes.

In addition, federal OSHA recommends and AED at the workplace also.

Other Notes

- Either swabs or towelettes can be used. Spray containers with a minimum of 10 applications of 1/57 fl. oz. can also be used.
- Spray containers with a minimum of 10 applications of 1/32 oz. (0.9 g) can also be used. For use on minor burns only.
- The minimum requirement for eye covering can either be two eye pads or a single covering for both eyes.
- A list of topics to be covered in the first-aid guide can be found in ANSI/ISEA Z308.1-2015 Appendix A.
- A spray container with a minimum of six applications of 1/32 oz. (0.9 g) meets this requirement.
- A conforming bandage that can stretch to at least four yards can be substituted.
- Each trauma pad should be at least 45 sq. in., with no side smaller than 5 in.

First Aid Kit Locations for “COMPANY NAME”:

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