



## PERSONAL PROTECTIVE EQUIPMENT (PPE)

It's important to remember that PPE should be the last line of defense. The first 3 lines of defense against safety hazards should be elimination, engineering out the hazard, and administrative controls such as job rotation and trainings.

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### WHAT PPE DO I NEED?

To know what PPE is required we need to know:

- a. Our company PPE policy,
- b. The hazards of the task and jobsite.
- c. The general contractor/building owner ppe requirements

Completing pre-task planning and a **Job Hazard Analysis** are good ways to identify potential hazards on the job and correctly identify required PPE.

Example: Hazard is falling objects □ PPE = hard hat and safety glasses

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### COMMON PPE

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|---------------------------|------------------|-------------------|
| • Hard Hat                | • Gloves         | • Ear Muffs/Plugs |
| • Safety Glasses          | • Safety Boots   | • Body Suits      |
| • High Visibility Garment | • Welding Shield | • Respirators     |

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### REQUIREMENTS

In general employers must

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|--|---|
| • Perform hazard assessment of workplace to identify and control hazards<br>( <i>Supervisors often perform this duty</i> ) | • Train employees on proper use and care of PPE |
| • Identify and provide appropriate PPE to employees  | • Review and update PPE program                 |

In general employees must:

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|------------------------------------|--|
| • Properly wear PPE                | • Replace defective and damaged PPE immediately. |
| • Attend trainings sessions on PPE |  |
| • Care for and clean PPE           |  |

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### PPE TIPS

- PPE must fit and be worn properly to protect you.
- Keep PPE in good condition by inspecting it and cleaning it periodically.
- Ask your employer for more PPE options if you can't find a good fit.
- No piece of PPE will protect you against every workplace hazard.



- Remember that PPE is the last line of defense as far as safety controls go.

**BE SAFE OUT THERE!**